Independent learning is the ability to make informed choices and take responsibility for your own learning activities.

4. Make informed choices
To make informed choices you need information. This is information about different ways to study effectively and information about your modules. The best sources for this information are:

- The University Skills Team web pages (www.hull.ac.uk/skills)
- Your module Canvas site (canvas.hull.ac.uk)

5. Take responsibility
There will be aspects of learning at university that you are not as strong at compared to others. Look at the list below:

1. Organising yourself and your time
2. Note-taking
3. Finding and using information
4. Reading
5. Grammar
6. Planning and writing assignments
7. Referencing
8. Presenting
9. Working with others
10. Using ICT
11. Revising
12. Exam techniques

Decide which of these things (or others) you need to improve the most. There are many ways you can take responsibility to improve these yourself:

- Use the information on the Skills Team website (see above)
- Come to a workshop or book an appointment with the Skills Team
- Read books on the topic (there are many in the library)
- Look on the internet for other reputable sources on the topic

I. Stay motivated
If you are on top of your topic you are more likely to stay motivated so try not to let yourself get behind. It is easy to say but attend your lectures. If you think you may be demotivated, make an appointment with Student Wellbeing or your Student Experience Officer.

2. Be confident
This is easier said than done but you are now in a position to make your own decisions about your life and your actions – have confidence in your abilities to do this.

3. Reflect
Look back at your learning and decide whether it has been effective or whether you need to try a different approach. Bad experiences can be converted into positive ones by considering what you have learned for the future.